

What's on the Menu?

Staples High School Lunch Menu October 4-8

Monday	Tuesday	Wednesday	Thursday	Friday
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Menu Items	Menu Items	Menu Items	Menu Items	Menu Items
Sloppy Joe with Tater Tots	Chipotle Lime Chicken Taco Bowl	Pasta Bar with Meatballs and Marinara	Greek Gyro Bar With Pita and Toppings	Chicken and Waffles Syrup

grilled

Meatball Parmesan	BBQ Rib Sandwich	Build Your Own Hot Dog Bar	Chicken Parm Grinder	Steak and Cheese Quesadilla
Classic American Cheeseburger	Classic American Cheeseburger	Classic American Cheeseburger	Classic American Cheeseburger	Classic American Cheeseburger
Seasoned Fries	Seasoned Fries	Seasoned Fries	Seasoned Fries	Seasoned Fries



Old World Style Classic Cheese Pizza	Old World Style Classic Cheese Pizza	Old World Style Classic Cheese Pizza	Old World Style Classic Cheese Pizza	Old World Style Classic Cheese Pizza
Traditional Italian Pepperoni Pizza	Traditional Italian Pepperoni Pizza	Traditional Italian Pepperoni Pizza	Traditional Italian Pepperoni Pizza	Traditional Italian Pepperoni Pizza



By the oz. Bar	By the oz. Bar	By the oz. Bar	By the oz. Bar	By the oz. Bar
SoNo Latin bar Protein Rice Beans Side	SoNo Latin bar Protein Rice Beans Sides	SoNo Latin bar Protein Rice Beans Sides	SoNo Latin bar Protein Rice Beans Sides	SoNo Latin bar Protein Rice Beans Sides



Vegetarian



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What's on the Menu?

Staples High School Lunch Menu October 11-15

Monday

Tuesday

Wednesday

Thursday

Friday

create

Protein

Menu Items

Menu Items

Menu Items

Menu Items

Menu Items

Hand Rolled Sushi by Yamato!

Mac and Cheese Bar Protein and Veggies

Quesadillas Chicken or Cheese Rice and Corn

Korean Beef Bulgogi White Rice Green Beans

Boneless Buffalo Chicken Wings with Biscuit and Fries

grilled

Buffalo Chicken Wrap

California Burger

Chicken Cordon Bleu

Philly Steak and Cheese

Meatball Grinder

Classic American Cheeseburger

Classic American Cheeseburger

Classic American Cheeseburger

Classic American Cheeseburger

Classic American Cheeseburger

Seasoned Fries

Seasoned Fries

Seasoned Fries

Seasoned Fries

Seasoned Fries



Old World Style Classic Cheese Pizza

Old World Style Classic Cheese Pizza

Old World Style Classic Cheese Pizza

Old World Style Classic Cheese Pizza

Old World Style Classic Cheese Pizza

Traditional Italian Pepperoni Pizza

Traditional Italian Pepperoni Pizza

Traditional Italian Pepperoni Pizza

Traditional Italian Pepperoni Pizza

Traditional Italian Pepperoni Pizza



By the oz. Bar

By the oz. Bar

By the oz. Bar

By the oz. Bar

By the oz. Bar

Asian Noodle Bar Protein Sauce Noodle

Asian Noodle Bar Protein Sauce Noodle

Asian Noodle Bar Protein Sauce Noodle

Asian Noodle Bar Protein Sauce Noodle

Asian Noodle Bar Protein Sauce Noodle



Vegetarian



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What's on the Menu?

Staples High School Lunch Menu October 18-22

Monday	Tuesday	Wednesday	Thursday	Friday
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create

Menu Items	Menu Items	Menu Items	Menu Items	Menu Items
Pulled Pork Sandwich Hard Roll Fries	Chicken Vindaloo Warm Pita Cauliflower Rice	Pho Noodle Bar Protein Veggies Broth	General Tso Chicken Fried Rice Broccoli	Penne Pasta with Meat Sauce

grilled

Philly Steak and Cheese	Monte Cristo	Deluxe Grilled Cheese	Italian Panini	Fish and Chips
Classic American Cheeseburger	Classic American Cheeseburger	Classic American Cheeseburger	Classic American Cheeseburger	Classic American Cheeseburger
Seasoned Fries	Seasoned Fries	Seasoned Fries	Seasoned Fries	Seasoned Fries



Old World Style Classic Cheese Pizza	Old World Style Classic Cheese Pizza	Old World Style Classic Cheese Pizza	Old World Style Classic Cheese Pizza	Old World Style Classic Cheese Pizza
Traditional Italian Pepperoni Pizza	Traditional Italian Pepperoni Pizza	Traditional Italian Pepperoni Pizza	Traditional Italian Pepperoni Pizza	Traditional Italian Pepperoni Pizza



By the oz. Bar	By the oz. Bar	By the oz. Bar	By the oz. Bar	By the oz. Bar
Chili Bar Chili Rice Chips Cheese Sauce	Chili Bar Chili Rice Chips Cheese Sauce	Chili Bar Chili Rice Chips Cheese Sauce	Chili Bar Chili Rice Chips Cheese Sauce	Chili Bar Chili Rice Chips Cheese Sauce



Vegetarian



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What's on the Menu?

Staples School Lunch Menu October 25-29

Monday	Tuesday	Wednesday	Thursday	Friday
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create

Menu Items	Menu Items	Menu Items	Menu Items	Menu Items
Hand Rolled Sushi by Yamato!	Taco Tuesday! Seasoned Beef Tacos Toppings	Caribbean Jerk Chicken Rice and Beans	Breakfast for Lunch Scrambled Eggs Sausage Links Potatoes	Chicken Tenders With French fries

grilled

Corn Dogs!	Meatball Grinder	Chili Cheese Dog	Philly Steak and Cheese	Chicken Ranch Wrap
Classic American Cheeseburger	Classic American Cheeseburger	Classic American Cheeseburger	Classic American Cheeseburger	Classic American Cheeseburger
Seasoned Fries	Seasoned Fries	Seasoned Fries	Seasoned Fries	Seasoned Fries



Old World Style Classic Cheese Pizza	Old World Style Classic Cheese Pizza	Old World Style Classic Cheese Pizza	Old World Style Classic Cheese Pizza	Old World Style Classic Cheese Pizza
Traditional Italian Pepperoni Pizza	Traditional Italian Pepperoni Pizza	Traditional Italian Pepperoni Pizza	Traditional Italian Pepperoni Pizza	Traditional Italian Pepperoni

Roadtrip

By the oz. Station	By the oz. Station	By the oz. Station	By the oz. Station	By the oz. Station
Italian feast! Pasta Sauce Sides	Italian feast! Pasta Sauce Sides	Italian feast! Pasta Sauce Sides	Italian feast! Pasta Sauce Sides	Italian feast! Pasta Sauce Sides



Vegetarian



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